Parental / Carer Consent Form
Outdoor and Environmental Education
(Camp Redwood; The Mill Adventure Base)

Participant Details Name		Emergency Contact Details Parent/Carer Name Day Tel No. Evening Tel No.					
				Home Address Postcode Tel(home)			
Email							
_ Day Tel No							
		Male / Female Date of birth//					
						School	
		Medical Information Would the participant be co	onsidered to have a dis			sability? Details	
		Has the participant any of t	he conditions below, I	imiting involvement in the ac	ctivity? Please circle		
Infectious Disease	Epilepsy	Heart Condition	Fainting/Dizziness				
Asthma	Allergies	Mobility problems	Pregnancy				
Other medical/dietary infor	mation						
Details of medical treatmer	nt and/or drugs						
Is the participant allergic to							
Doctors Name/Surgery	-						
		on overleaf together with the r taking part in any of the ac					
	y for any legitimate pu	ess or speech in any audio/v rpose of Nottinghamshire C facebook or Instagram.					
•		n element of risk and therefor following safety instructions	•				
In the event of an emergen anaesthetic, as considered		son / daughter receiving medical authorities present.	edical treatment, includin				
Signed (legal guardian)		Signed (participant)					
Nama (lagal Cuardian)		Date					

Nottinghamshire County Council, Children Families and Cultural Services offer a number of educational packages at the Mill Adventure Base, Kings Mill Reservoir, Sutton in Ashfield, together with off-site activities in Nottinghamshire, Derbyshire and further afield.

- All activities carry an element of risk and are run and supervised by appropriately qualified and experienced staff in accordance with procedures agreed by the Adventurous Activities Licensing Authority where required.
- > All necessary safety equipment is provided; this equipment is regularly checked and maintained.
- No one will be expected to participate in any activity that is beyond his or her capabilities.
- All participants should come suitably prepared for the activity. Where necessary, protective clothing will be supplied, however a complete change of clothing, including footwear, should always be brought along, plus a towel if undertaking water activities. Jeans are not suitable for any activity.
- Whilst it is not essential to be a swimmer to participate in water activities, it is imperative that the instructor is aware of anyone with poor swimming ability or low water confidence.
- > Remote supervision may be employed during non activity times within strict boundaries.
- > Any activity/programme that requires transport will use an appropriate and approved form.
- > Anyone who is considered to be under the influence of alcohol/substances will be removed from site
- It is illegal to smoke at any NCC site and in any NCC vehicles.

#### On Site Activities

Tree-Climbing, Tomahawk-Throwing, Team Games, Archery, Orienteering, Bushcraft, Shelter-Building. Loose fitting clothes are required for ease of movement; trainers (old) are ideal footwear

## Canoe/Kayaking/Sailing/Raft Building

**Health Notice** - The quality of inland waters can be of concern, particularly during the summer months. Participants should avoid immersion, report any ill effects to a Doctor and contact the activity centre concerned.

### Off Site Activities

Mountain Biking / Orienteering

Good footwear, long sleeved top and long trousers required. Cycle helmets will be supplied and worn by all participants in mountain biking.

## Rock Climbing / Abseiling / Weasling

Loose fitting clothes are required for ease of movement; trainers (old) are ideal footwear.

# Caving/Rock and water based activities

Old warm clothing is a must, an oversuit, helmet and lamp is provided if needed. A change of clothing is essential. Caves we use in Derbyshire have Radon gas present; this is monitored by PICA under Health & Safety Legislation.

## Canoeing/Kayaking/Duckying

Local rivers in Nottinghamshire & Derbyshire are used suitable to the ability of the group.

Please tick if you would like to receive promotional information and offers for future products and events at the Mill Adventure Base via email and/or post

**Data Protection Act**: The information you provide on this form will be treated as strictly confidential. The information will be entered onto a central database with strictly limited access. The information provided will only be used by Nottinghamshire County Council or their delivery agencies. We will not share information with anyone else.



Nottinghamshire County Council is licensed by the Adventure Activities Licensing Authority to provide Climbing, Caving, Watersports & trekking activities. Details can be confirmed with the Licensing Authority on 02920 755715.