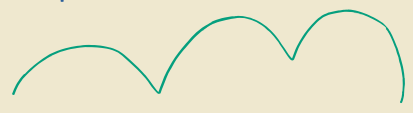


PRINCIPLES TO PROMOTE EMOTIONAL HEALTH AND WELLBEING



Eight principles to promoting a whole school and college approach to emotional health and wellbeing.



LEADERSHIP & MANAGEMENT

...that champions efforts to promote and support mental health and wellbeing, and that brings about strategic change to deliver an effective whole school or college approach in settings.



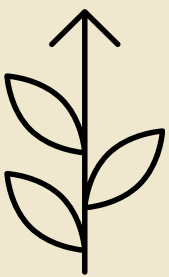
IDENTIFYING NEED & MONITORING IMPACT OF INTERVENTIONS

...to understand and plan appropriate responses to pupils' and students' mental health and wellbeing needs.



TARGETED SUPPORT & APPROPRIATE REFERRALS

...to ensure children and young people can get timely and appropriate support.



STAFF DEVELOPMENT

...to support their own mental wellbeing, and that of pupils and students.



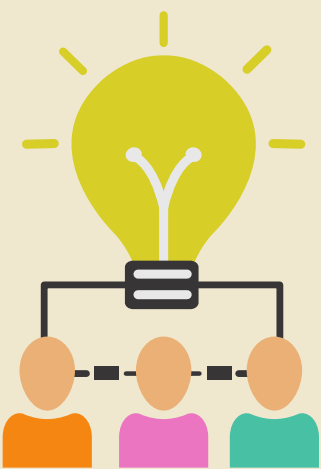
CREATING AN ETHOS & ENVIRONMENT

...that promotes respect and values diversity.



ENABLING THE STUDENT VOICE

...so that the voice of every learner is heard and valued, and influences decisions.



WORKING WITH PARENTS, FAMILIES AND CARERS

...so that everyone works as a genuine team around pupils and students, with a consistency of approach and shared aims and strategies.



CURRICULUM, TEACHING AND LEARNING

...to promote resilience and support social and emotional learning.

