

Notts Outdoors Education Service

KS1 and KS2 Forest Schools

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| <p>Overview of activity</p> | <p>Something is stirring in the outdoors and its coming direct to your school! Notts outdoors have adapted their Forest Schools program especially for the school grounds, allowing us to transform your outdoor areas into an engaging and inspiring classroom without the walls! Focusing on holistic development, social skills, teamwork, play and child led learning, forest schools is a fantastic way to make those all-important connections and meaningful experiences in the outdoors.</p> |
| <p>Key information</p> | <ul style="list-style-type: none"> • Suitable for (key stage):FS1 and FS2, KS1 and KS2 • Duration: 90 minutes • Available in your own school grounds. This session takes place outdoors in your school grounds. A pre-visit to assess suitability of the outdoor areas will be arranged prior to booking in sessions. • Adverse weather may affect the session and may result in a re-scheduled date although we do still run sessions in wet weather. • Max group size is 15 children. • Activities are adapted to KS and age of the group. • Sessions can be booked as one taster session or as a six-week programme. |
| <p>Session itinerary</p> | <ul style="list-style-type: none"> • Welcome to Forest schools- meet your Forest schools’ leader and learn about how forest schools work. • Games, games and games. Start to build on social skills and teamwork through fun and educational games • Activity time- Each week we will bring different activities to develop skills, educate and inspire. Some examples of activities are: Fire lighting skills and campfire cooking, Den Building, Orienteering, Tree identification, Environmental art, clay modelling, Mini beast hunts, learning about knots • The end of the session allows reflection time and each session builds upon skills from each previous session |
| <p>Key learning outcomes</p> | <ul style="list-style-type: none"> • To develop social and practical skills • Learn about the natural world and the world we live in • To Improve independence and confidence • To enhance and explore good teamwork skills and considering others • Other key learning outcomes will also arise dependant on the session activities and focus |
| <p>Further information</p> | <p>As this is an outdoor immersive experience coats and suitable footwear will be needed. All equipment will be cleaned and prepared in line with Covid-19 guidance. Please note all activity programmes may vary depending on number of pupils and weather .</p> |